



SW Menu ~ April 2019

Romaine Lettuce, Fresh Veggies, Ranch and French Dressing
will be available daily @ HS

Egg Omelet & Toast ***** Chicken Nuggets Fresh Carrots & Dressing Broccoli (Steamed) 1 sl. WG Bread Grapes	Breakfast Pizza ***** Char Patty Curly Fries Applesauce Tomato, Cheese Slice Bun	Saus. Pancake Stick ***** BBQ Glazed Chicken WG Bun Green Beans Orange Apple Crisp	UBR ***** Spaghetti w/Meat Sauce R. Lettuce & Dressing Breadstick (6-12) Marinara Cup Pears	Muffin ***** Baked Fish WG Bun French Fries Coleslaw Peaches
1	2	3	4	5
Egg Omelet & Toast ***** Country Fried Beef Patty, Scalloped Potatoes, Fresh Carrots, Apple and Bread	Breakfast Pizza ***** Taco Salad Chips, Lettuce, Tomato, & Cheese Cuban Corn & Black Bean Salsa Bread Peaches	Saus. Pancake Stick ***** Bratwurst Sweet Potato Crinkle Cut Applesauce Bun	UBR ***** Mandarin Orange Chicken over Rice Fresh Broccoli & Cauliflower Pears Dinner Roll	Muffin ***** Breaded Mozz. Sticks Lettuce/Dressing Marinara Cups Bread Mixed Fruit
8	9	10	11	12
Egg Omelet & Toast ***** Pork Tenderloin Savory Carrots R. Lettuce/Dressing Pears Bun	Breakfast Pizza ***** Deli Sandwich Lettuce, Tomato, Cheese Tri-Wedge Hashbrown Mandarin Oranges	Saus. Pancake Stick ***** Chicken Strips Broccoli Orange Cinnamon Roll	UBR ***** Sloppy Joes Baked Beans Green Beans Pineapple Bun ALT: Chili	NO School Good Friday Spring Break
15	16	17	18	19
Spring Break No School	Breakfast Pizza ***** Hot Dog on a Bun Potato Wedges Broccoli Peaches	Saus. Pancake Stick ***** Chicken Patty Crinkle Cut Sweet Potato Fresh Cauliflower Pears Bun	UBR ***** Hamburger Gravy Mashed Potato Lettuce/Dressing Banana Bread	Muffin ***** Homemade Pizza Corn Romaine Lettuce/Dressing Mixed Fruit Cookie
22	23	24	25	26
Egg Omelet & Toast ***** BBQ Pork Bun Tator Tots Baked Beans Peaches	Breakfast Pizza ***** Lil' Smokies, Tri-Wedge Hashbrowns, French Toast Sticks Strawberries	Equal Educational Opportunity It is the policy of the South Winneshiek Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the Superintendent of Schools, 304 S Webster Street, Calmar, Iowa, 563-562-3269 or email keinck@swinn.k12.ia.us		
29	30			

All meals subject to change.

HS/ MS offer a 2nd hot lunch option as well as sandwiches and entrée items for extra charge each day.

"This institution is an equal opportunity provider"